

Senior Enrichment Options 2026-27

Name	Title	Information
Mrs Ney	3D Modelling	Opportunity to explore a wide range of art skills from 3D modelling, jewellery making to painting and collage.
Miss Thomson	Art Attack!	Small blocks of different taster sessions of different styles and mediums of art. This will include things like printmaking and illustration. Things that they might not have had the opportunity to try before. This would be a great opportunity for pupils who are considering creative further education and want to gain experience and work to add to folio applications. This could also be used as a time for pupils to further their skills in things like painting and drawing this can then be used to advance their folios for the SQA. A nice relaxing environment/ space to find mindfulness during a stressful year!
Mr Herron	Barista	Earn your Level 5 certificate in Barista skills through a combination of research and practical experiences. Learn to operate our State-of-the-art Barista machine, understand all about how to make different beverages and serve coffee to our guests. Qualification offered: Level 5 certificate in Barista Skills
Mr Rio	Basketball	This basketball coaching programme will focus on the development of a player's skills and tactical play. There will be a mix of individual workouts and team-centred sessions with focuses on tactics and advanced game concepts to develop physical movement skills, technical skills and build tactical understanding.
Miss Johnston	Book Club	Do you love getting lost in a good book? Fancy yourself as the next great literary critic? Or maybe you just want to sound extra clever in English class? Join the Book Club, where we'll tackle everything from gripping mysteries to timeless classics, debating the big ideas and discovering hidden gems. No exams, no essays—just great stories, great company, and possibly biscuits plus plenty of yapping about our favourites!
Miss Johnston	Classic Movie Club	Ever felt like you should have seen certain films but never got around to it? Now's your chance! Join the Classic Film Club and discover the movies that shaped cinema—think epic adventures, unforgettable characters, and stories that still hold up today. From Hitchcock's thrills to Kubrick's genius, from timeless comedies to groundbreaking sci-fi, we'll watch and discuss the films everyone needs to see at least once.
Miss Johnston	Classical Studies	Classical studies focuses on the ancient civilisations of the Greeks and the Romans. We will look at their languages, literature, history, art and culture. We will also delve into the myths and legends that helped the two cultures explore and explain the world around

		<p>them. You will learn about the Titans and Olympians. You will study the Actium war fought between Cleopatra and Octavius. You will learn about the murder of Julius Caesar alongside much more. More importantly, we will learn how these fascinating ancient civilisations have inspired people in the world today, from brands, to sports teams, even Nasa. If you enjoy History and English, then this is the perfect course for you.</p>
Mr Newman	Comics Creation	<p>Learn to make your own comics, undertaking different roles such as scripting, editing, designing, pencilling, inking, colouring and lettering. Contribute to a class anthology with experience of printing and publishing. Learn the grammar of comics and experience a variety of styles and genres as we look at examples of the medium from countries all around the world.</p>
Mrs Li	Cosy Club	<p>Cosy Club - looking for some downtime amid the chaos of exams, university applications and part-time jobs, or need some help to manage stress in a constructive way that doesn't involve doomscrolling? In this enrichment we will explore different ways to relax such as mindfulness, seated yoga, zen drawing, origami, crochet and other crafts, reading for pleasure and nature walks. Candles and cosy throws will be provided...</p>
Mr Newman	Creative Writing	<p>Flex your imagination using the written word to produce prose, poetry, or drama texts. Learn how to refine your writing skills to have maximum impact on readers. Improve your narrative skills and your authorial voice. Discuss and share your writing with others, give and receive feedback in a no-judgement, pressure free zone with the added potential to contribute to a class anthology that can be shared with the wider school community.</p>
Miss Findlay	Customer Service	<p>Pupils will learn real-world skills that they'll use for life—communication, confidence, and problem-solving. They will learn how to handle people professionally, work as a team, and stand out in any future job. This class helps to build skills employers look for and prepares pupils for success in any career path. These skills will help you at school and in everyday life and but most importantly will enhance skills that employers value, making them well-prepared and highly employable for future jobs. Through engaging activities and real-world scenarios pupils will work solely and as part of a team to complete NPA Customer Service (Level 4, 5 or 6).</p> <p>Qualification offered: NPA Customer Service</p>
Miss Ward	Dance	<p>Dance is a fun, fully recreational enrichment subject designed to build confidence, creativity, and movement skills. Students will learn dances across a variety of styles while developing rhythm, coordination, musicality, and performance skills. The program offers opportunities to rehearse, perform, and compete in shows and competitions,</p>

		encouraging teamwork and self-expression in a supportive environment. Perfect for dancers of all experience levels who are eager to learn and have fun!
Mr Wallace	Darts	Darts is a sport of clinical precision, nerves of steel, and lightning-fast strategy. Whether you're looking to become the next world champion or you just want to see if you can actually hit the board, this is the place to be. A sport where every millimetre counts and could be the difference between scoring 180 or just 3. It is the ultimate brain workout where you'll be doing high-speed mental arithmetic without even realizing it.
Mr Blackburn	Debating	Pupils will engage in high-level advocacy, mastering the art of the formal argument through competitive formats. They will develop advanced research skills by deconstructing complex global issues and synthesizing evidence into persuasive cases. Through weekly sessions, they will build public speaking confidence, focusing on tone, presence, and the ability to deliver sharp, spontaneous rebuttals. Pupils will then lead a public debate project, where they will reflect on and analyse their critical thinking and leadership qualities to enhance their UCAS personal statements.
Miss Donnelly	Enterprise using Modern Languages	Pupil will use their Modern Language(s) (French, Spanish, German) to plan enterprise activities or events within the school. This could be planning a project for the European Day of Languages, running a Languages café, or selling a product at Christmas, for example. The main aim is to use Languages as part of a chosen enterprise project. Pupils will work together to plan and roll out their project and will develop their skills and qualities related to employment and entrepreneurial roles. There will be the opportunity to work towards an NPA in Enterprise and Employability. Qualification offered: NPA in Enterprise and Employability
Mrs Li	Film-making	Film-making - Fancy yourself as the next Paul Thomas Anderson or Quentin Tarantino? Interested in what happens behind the camera, or perhaps looking for opportunities to get in front of the camera? This enrichment is for you. You will have a chance to learn about and practice story creation, scripting, planning, camerawork, sound, lighting and editing before getting stuck into making your own short films. Hollywood awaits....so long as you promise to mention me in your Oscars acceptance speech!
Mr Lannen	Football	Enrichment Football would provide the opportunity for pupils to take responsibility for their own organisation and leadership skills. They will take ownership and lead on creating, organising and officiating games and can track and monitor each other's performance through league tables and goalscoring charts. It is an opportunity to become independent learners and work on social skills such as communication and teamwork, while also providing the chance to develop football skills and fitness. This offer

		will be on the astroturf throughout the year and every term the pupils will have an opportunity to change rules/teams through regular discussion on how to run the offer.
Miss Nicoll	Heritage Hero Award	Heritage Hero Award - A free wider achievement award from Archaeology Scotland, designed for history, heritage, and archaeology projects and open to everyone regardless of age, background, or academic ability. Learners complete a flexible project based on any form of heritage, such as historic buildings, museum collections, oral history, or digital heritage. The Award follows five stages - Plan, Investigate, Engage, Inspire, and Reflect - which are the same at all levels (Explorer to Gold), allowing learners to develop research skills, creativity, and transferable skills at their own pace. Qualification offered: Wider Achievement Award from Archaeology Scotland
Mr Fyfe	Instrumental Practice	Opportunity to try out our classroom instruments and try to improve your skills on an instrument. No qualifications gained but skills developed and additional practice opportunity for pupils who already play instruments, or a chance to try out something you haven't done since S2!
Miss Winter	Interact	Through planning, organising and delivering charitable and community-focused initiatives, you will develop a wide range of transferable skills that are valuable for further education, employment and life beyond school. These include leadership, teamwork, communication, problem-solving and time management. You will gain experience in project planning, event organisation, budgeting and fundraising, while also building confidence, resilience and a strong sense of social responsibility. Choosing this enrichment option not only allows you to give back to the wider community but allows you to create the sort of events you would like to see happening within school!
Ms MacEwan	InvestED in Business	InvestED in Business. Pupils will take part in a national competition with Future Assets, with the support of a mentor from the industry who we have a relationship with. They will learn about Investment Management and enjoyed finding out about the industry and careers this year when they visited Aegon Asset Management in Edinburgh. They will then take part in an enterprise project within the school. Through completing these, they will reflect on, and analyse their, personal skills & qualities to complete the NPA Level 6 Enterprise & Employability. Qualification offered: NPA Level 6 Enterprise & Employability

Mr McIvor	Mindfulness	Mindfulness helps us become more aware of our thoughts, emotions, and biases in the present moment. By cultivating this awareness, we can recognize why unhelpful thoughts occur and this can help us respond mindfully rather than reactively. Through consistent practice, mindfulness can help us better navigate all the difficulties that we may encounter in school. It can also help calm the storms in your head and set you on the path to become a better student, a better friend and be happier with yourself.
Mrs Jukes	Netball	This netball programme will give pupil's the opportunity to learn & develop all aspects of netball. We will look at the rules of netball and develop various netball skills through drills and game play. We will also look at the basics of how to umpire the game. If pupil's wish you can then use your knowledge and skills to help the netball extra-curricular club or possibly link with primary schools to develop our future AHS netballers.
Miss Bowman	PE Assistant	PE Assistants support the PE department by helping with a mixture of tasks across different activities. This enrichment can involve assisting in PE classes with S1–S3 pupils and Primary Swimming, sorting and organising equipment, and supporting school teams by handing out and collecting consent slips and helping to sort sports kit. Through this role, PE assistants develop valuable skills such as teamwork, communication, organisation, responsibility, and confidence, while gaining experience working with younger pupils and learning how a PE department operates.
Miss Bowman	Primary Sports Coach	This enrichment offer will include developing your skills and experience with coaching and working with children. The course will be made up with workshops delivered in school in a variety of different activities, planning your own sessions and delivering to our local primary schools or to some of our younger pupils at AHS. We will also look to develop interview skills and prepare you for working within the sport coaching sector. SQA Leadership qualifications will also be delivered through this activity if not already achieved previously. Qualification offered: SQA Leadership Qualifications
Mrs Roy	Primary Teaching	An opportunity to help in a Primary setting and get experience working with younger pupils.
Mrs Huntingford & Mrs Mackay	Pupil and Classroom Support	Pupil and Classroom Support/Mentoring - senior pupils will be trained to support classes where the teacher has identified a need for positive role-modelling and/or has many pupils with additional needs. Pupils will also be trained to support individual pupils as buddies - particularly for EAL and ASN learners. This course will provide excellent opportunities for embodying the school values and will be highly beneficial for CVs and personal statements. You will provide non-judgmental help to young people and

		valuable support to class teachers. This course is ideal for those interested in a teaching or caring profession as it will provide experience of leadership, improved communication and interpersonal skills, empathy and responsibility.
Dr Gawron	Real-World Money	Bills, budgets, credit cards, taxes—no one hands you a manual after leaving school. This elective does! Learn how to actually manage money in the real world: budgeting without stress, using credit without wrecking your future, understanding payslips, rent, loans and making smart choices with what you earn. You will learn practical skills you can use now and in the future. Whether you're heading to college, university, or work this class helps you avoid common money mistakes and feel confident about your financial future.
Mrs Grogan	Statistics	Gain statistical knowledge, skills and the understanding of statistical methods which may help in future careers such as Sport Science, Social Sciences, Business, and Science. Whilst completing a L6 Statistics award, you will have the opportunity to interpret real life statistical data, graphs and diagrams used in the real world of sport, business and science. You will have an opportunity to analyse data to predict future outcomes. In this course you will use software such as Excel and R Studio. It is also beneficial to have N5 Mathematics/ N5 Applications of Mathematics as prerequisite knowledge. Qualification offered: Level 6 Statistics
Mr Newman	Strategies for Chess and other games.	Practice the art of chess and other strategy games. Do you know your Caro Kann defence from your Stafford Gambit? We will explore the rules and principles of the game while analysing top players like Magnus Carlson and Hikaru Nakamura. We will put strategy into practice in friendly and respectful competition.
Mr Wallace	Strength and Conditioning	Strength & Conditioning (S&C) is the practical application of sports science to improve physical performance, movement quality, and resilience against injury. It combines strength training (weightlifting, resistance) with conditioning (cardio, agility, speed) to enhance athletic ability and functional capacity. Whether you're an athlete looking to gain a competitive edge in your sport or a total beginner wanting to move better and feel stronger, this enrichment is designed to help you reach your peak.

Mr Dickson	Student Newsroom (Podcast + Magazine)	<p>Join a pupil-led newsroom team producing a monthly podcast and a termly digital magazine. You will help plan topics, write short segments, interview staff and pupils, and record a podcast episode covering what is happening in school, local news and wider issues that matter to young people. Across the term, you will also write and edit articles and features to share with the school and wider community in our digital magazine.</p> <p>You will build skills in communication, teamwork, organisation, creativity and leadership, while gaining a real achievement for your CV, personal statement and future applications. No experience needed, just a willingness to get involved.</p>
Miss Kydd	Tailoring for Beginners	<p>Making a waistcoat New to sewing - you'll learn the basics of using a sewing machine and hand-stitching to make a simple waistcoat. Have some skills already - you can make a made to measure, fully lined, fitted waistcoat from a commercial paper pattern that you can customise. Either way, you will build on your knowledge and skills throughout the year to improve your sewing confidence.</p>
Mr Jukes	Tennis	<p>Tennis will be served up in partnership with Arbroath Lawn Tennis Club. Rackets provided, find your base line and come DROP in for a shot. This is the perfect way to spin out your senior years and Ace your way to a winner.</p>
Miss Cooper	Volleyball	<p>Pupils will develop technical skills, game understanding, and confidence in a supportive and engaging environment. This course is open to pupils of varying experience levels, developing individual skills and team play. Students will learn and refine core volleyball skills, including serving, setting, attacking, blocking, and defensive movement. Sessions will cover positional roles, rotations, court awareness, and basic offensive and defensive systems. The course also emphasizes skills for Learning, Life and Work - teamwork, communication and leadership. Students will be given the opportunity to lead the after school extra-curricular club and come along to competitions within Angus Council.</p>

Mrs Roy	Volunteering - Saltire Award	Volunteering - Saltire Award (preferably Fri PM) An opportunity to do something either in school or outside of school to help others. Saltire Award presented depending on the amount of hours. Qualification offered: Saltire Award
Miss Clarkson	Young STEM Leader - Level 6 (YSL6)	Young STEM Leader - Level 6 (YSL6) YSL6 is your chance to become a leader and a role model in STEM. In this enrichment course, you will: Lead the way: discover the skills and behaviours that make a great leader. Be a myth-muster: challenge stereotypes about science and technology. Run events: organise activities for others while learning how to keep everyone safe. This is a formal qualification, credited by the SQA and on completion you'll earn 4 SCQF credit points. It's a great way to gain real-world experience and get the credit you deserve! Qualification offered: Young Stem Leader